

Child's Name: _____
 Dietary Requirements: _____

from _____

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	<i>Mains</i>	<i>Mains</i>	<i>Mains</i>	<i>Mains</i>	<i>Mains</i>
	Turkey Pizza with wedges <input type="checkbox"/>	Beef Meatloaf and Rice <input type="checkbox"/>	Roast Turkey with roast potatoes <input type="checkbox"/>	Creamy Chicken & sweetcorn with rice <input type="checkbox"/>	Fishcake and Chips <input type="checkbox"/>
	Steamed Vegetable Frittata <input type="checkbox"/>	Stuffed Red Peppers <input type="checkbox"/>	Tomato & Cheese Pasta Bake <input type="checkbox"/>	Mixed Bean and Vegetable Tortilla <input type="checkbox"/>	Vegi Fingers with Chips <input type="checkbox"/>
	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>
	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
	<i>Mains</i>	<i>Mains</i>	<i>Mains</i>	<i>Mains</i>	<i>Mains</i>
	Chicken Teriyaki with Rice <input type="checkbox"/>	Chicken Sausage & Beans <input type="checkbox"/>	Roast Beef & roast potatoes <input type="checkbox"/>	Chicken & Sweetcorn Pasta <input type="checkbox"/>	Fish Fingers and Chips <input type="checkbox"/>
	Lentil Meatballs in tomato sauce & rice <input type="checkbox"/>	Mediterranean Couscous & Beans <input type="checkbox"/>	Quorn Fillet & Sweet Potato Mash & Gravy <input type="checkbox"/>	Cheese & Vegetable Flan <input type="checkbox"/>	Beetroot Patties & Feta Yoghurt with rice <input type="checkbox"/>
	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>
	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>

PTO

Office Use only:- SIMS DL

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
	<i>Mains</i>	<i>Mains</i>	<i>Mains</i>	<i>Mains</i>	<i>Mains</i>
	Chicken Paella <input type="checkbox"/>	Beef Keema with Naan <input type="checkbox"/>	Roast Chicken & roast potatoes <input type="checkbox"/>	Beef Chilli Con Carne with Nachos <input type="checkbox"/>	Fish & Chips <input type="checkbox"/>
	Vegi Chilli Tacos <input type="checkbox"/>	Chickpea & Vegetable Paella <input type="checkbox"/>	Lentil and Bean Bake <input type="checkbox"/>	Cheese, Tomato & Sweetcorn Pizza <input type="checkbox"/>	Roasted Vegetable Omlette <input type="checkbox"/>
	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>	Jacket Potato with choice of fillings <input type="checkbox"/>
	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>	Sandwich <input type="checkbox"/>

***Please indicate your child’s daily choice by ticking the appropriate box for Week 1,2 and 3
 We will still offer your child the choice regarding vegetables or the salad bar or both if they prefer.
 Wholemeal bread is available daily on the salad bar.
 Each meal will be served with a dessert and a drink.
 Fresh fruit platter, crackers and cheese and yoghurts available daily**