



ST CHRISTOPHER PRIMARY

Sex and Relationship Education Policy

Reviewed: May 2017

Definition of Sex and Relationship Education

'SRE is lifelong learning process of acquiring information, developing skills and forming positive beliefs and attitudes about sex, sexuality, relationships and feelings' (Sex Education Forum, 1999).

Effective SRE can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships. It also enables children and young people to make responsible and informed decisions about their health and well-being.

Sex and Relationships Education (SRE) in schools, is a legal requirement.

Aims and purpose

At St Christopher Primary School we believe that confidence and self-esteem are at the heart of effective SRE, building foundations for sexual and emotional health from an early age.

We aim to help children appreciate the value of family life, stable and loving relationships, respect, love and care.

We recognise that parents/carers are key people to help children cope with the physical and emotional aspects of growing up and we aim to compliment and support this role.

We aim to teach pupils about sex, sexuality and sexual health and help children appreciate the value of marriage for family life, stable and loving relationships, respect, love and care. It is not about the promotion of sexual orientation or sexual activity. Issues of religion, cultural difference and ethnicity will be dealt with sensitively. An atmosphere of tolerance and acceptance will be encouraged.

We will:

- Provide children with a foundation of basic physical, emotional, health and social information about themselves and others

- Build self-esteem and confidence

- Prepare children for the emotional and physical changes ahead of them

- Provide them with the skills to ask for help and to know when and to whom they should do this

- Provide them with the skills to help keep themselves safe from unwanted or abusive attention

- Provide them with the language and the confidence to discuss sexual matters with an appropriate adult

- Reduce prejudice and stereotyping

- Equip children with communication and decision-making skills

- Develop relationship skills

Withdrawal from SRE lessons

We consider it vital to do this work in partnership with parents and carers. We are mindful that parents/carers do have the legal right to withdraw their child from the SRE that is part of PSHE (Jigsaw) Programme, whilst we hope they do not feel the need to do so.

Parents/carers have the right to withdraw their child from all or part of the Sex and Relationship Education provided at school except for those parts included in statutory Science National Curriculum (Education Act 1996). Those parents/carers wishing to exercise this right are asked to put this request in writing to Mrs Robinson (Headteacher).

Equal Opportunities

Schools have a legal duty to promote equality (Equality Act 2010) Young people may have varying needs regarding SRE depending on their circumstances and background. The school strongly believes that all pupils should have access to SRE that is relevant to their particular needs. To achieve this, the school will take into account:

- Ethnic and cultural diversity
- Varying home backgrounds
- Sexuality
- Special Education Needs
- Ensure that a male and female adult is present to support the sessions

Confidentiality

Complete secrecy can never be promised to a pupil. Any concerns that a member of staff may have will be brought to the attention of the Safeguarding Leader.

Training and Resources

Opportunities for all teachers for further training in the delivery of SRE will be sought and accepted wherever circumstances permit. Jigsaw provides a range of well-chosen and imaginative resources to support the learning, such as case studies, scenarios, visual images and video clips. Parents/carers can view resources on request.



Changing Me – Puzzle 6



Year 1

Puzzle piece 4 discusses boys and girls body parts and using the correct names for these.



Year 2 and Year 3

Puzzle piece 4 discusses boys and girls body parts and using the correct names for these.
Puzzle piece 5 discusses safe touch, combined with the NSPCC 'Pants' cartoon.



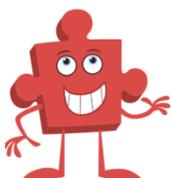
Year 4

Puzzle piece 2 discusses how a baby grows in the womb.
Puzzle piece 3 discusses body changes, including breasts, vagina, penis and testicles.
Puzzle piece 4 discusses how babies are made, talking about the fact that a man produces sperm and a woman produces an egg. There are pictures of the male and female reproductive system. It talks about the reproductive system and fertilization but not sexual intercourse.



Year 5

Puzzle piece 1 discusses the fact that babies are made from an egg and sperm.
Puzzle piece 2 labels internal and external parts of the body that are necessary to make a baby. The reproductive organs are shown and there is an age appropriate script which explains how the egg and sperm meet, describing how adults share a special embrace.
Piece 3 discusses girls and puberty. Menstruation is introduced as a natural part of female adult life and sanitary products are shown.



Year 6

Puzzle pieces 2 discusses girls and puberty. The lesson talks about the egg and sperm and then shows the female reproductive cycle. Menstruation is discussed as a natural part of female adult life and sanitary products are shown.
Puzzle piece 3 discusses boys and puberty. The lessons show the male reproductive cycle. Erections, wet dreams and ejaculation are mentioned.
Lessons 2 and 3 will be taught in single sex groups.
Puzzle piece 4 discusses conception. There is a brief mention of contraception. The animation of the male reproductive system subtly shows the penis in the vagina.