

St Christopher Primary – Curriculum Map 2014 - 2015

Curriculum



TBC

	Autumn Term		Spring Term		Summer Term	
Foundation						
Stage						
Year 1	Games	Gym	Dance	Dance	Gym	Games / Athletics
Year 2	Games	Gym	Dance	Dance	Gym	Games / Athletics
Year 3	Invasion Games	Dance	Gym	Gym	Striking and Fielding	Athletics
Year 4	Invasion Games	Dance	Gym	Gym	Net / Wall	Swimming Outdoor Games
Year 5	Invasion Games	Dance	Gym	Gym	Striking and Fielding	Athletics
Year 6	Invasion Games	Dance	Gym	Gym	Net / Wall	Outdoor Activities / Athletics

<p>Year 1</p>	<p>Games The children will be learning to move around carefully and at different speeds. They will learn to throw, catch and pass beanbags, balls and quoits.</p>	<p>Gym The children will learn to travel in different directions and different make shapes with the body. They will explore different ways to jump, balance and sequence movements.</p>	<p>Dance The children will be responding to different stimuli to create different movements and actions. They will perform and practice movements in a controlled way. They will begin to remember and repeat short dance phases in a group.</p>	<p>Gym The children will continue learn to travel in different directions and different make shapes with the body. They will develop different ways to jump, balance and sequence movements.</p>	<p>Games / Athletics The children will develop under arm throwing with accuracy and co-ordination. The will learn about effective running technique.</p>
<p>Year 2</p>	<p>Games The children will learn about moving fluently and easily, avoiding collisions through a range of games. They will throw, catch, strike and gather. They will begin to understand basic tactics for games.</p>	<p>Gym The children will learn how to perform a range of smooth actions and movements with control and co-ordination, sometimes in a sequence. They will begin to use some floor and matt apparatus in a sequence.</p>	<p>Dance The children will learn to explore ideas, moods and feelings by responding to different stimuli. They learn different demonstrated movements and begin to link movements to create a pattern.</p>	<p>Gym The children will learn more about how to perform a range of smooth actions and movements with control and co-ordination, sometimes in a sequence. They will use floor and matt apparatus in a sequence.</p>	<p>Games / Athletics The children will use accurate and coordinated under arm throwing to range targets. The will choose an effective running technique for different distances. The children will also learn how to jump and land safely.</p>
<p>Year 3</p>	<p>Invasion Games The children will learn how to throw and catch a ball with a partner. They will play different team games to pass and receive a ball.</p>	<p>Dance The children will learn to use their imagination to respond to different stimuli. They will work with partners to create a range of actions with expression and sensitivity.</p>	<p>Gym The children will explore different style of body shapes and create a short sequence. They will learn to travel on low, medium and high levels. They will use different combinations of floor, mat and apparatus with fluency, accuracy and control.</p>	<p>Striking and Fielding The children will learn to throw and catch accurately to a target and a partner. They will work as part of a team in different team ball games. The will learn about the role of a fielder.</p>	<p>Athletics The children will use accurate and coordinated under arm throwing to range targets at different distances. The develop an effective running technique for different distances. The children will also learn how to jump and land safely with control.</p>
<p>Year 4</p>	<p>Invasion Games The children will learn dribbling and stopping techniques and tactics for keeping possession of a ball. The will develop good team skills</p>	<p>Dance The children will learn to develop characters and narrative to create dance phases from different stimuli. They will experiment with a wide</p>	<p>Gym The children will learn to create balances and work with a partner to create floor sequences, which will gradually increase in length. They will learn to perform movements with consistency, fluency and with good body tension.</p>	<p>Net / Wall The children will learn how to control a ball with a racket and maintain a short game within a lined area. They will learn how to direct the ball with</p>	<p>Swimming Outdoor Activities The children will learning how to orientate themselves on a plan and mark symbols accurately on a map.</p>

	and use rules and tactics in different games to score points.	range of actions using speed, tension and continuity both individually and with a partner.		accuracy and control.	They will learn to work together and to complete simple orienteering challenges.
Year 5	Invasion Games The children will learning to dribble, pass, receive and shoot a ball with confidence in different games. They will learn how to attack and defend in a small game using appropriate skills and tactics.	Dance The children will learn to improvise using controlled movements and patterns. They will compose dances with increasing sophistication individually, in pairs and in small groups.	Gym The children will learn to combine partner balances with other movements with increasing accuracy, consistency, fluency, tension and clarity. They will learn the difference between symmetrical and asymmetrical shapes and use these in a sequence.	Striking and Fielding The children will learn to throw, catch, bowl and strike a ball accurately and with control. They will work as part of a team to score points. They will develop more effective fielding skills.	Athletics The children will learn to throw different implements safely and effectively into and at targets from different distances. They will learn to run technically, consistently and sustain pace for longer distances. They will continue to develop different jumping techniques. They will also take part in relays and change overs.
Year 6	Invasion Games The children will learning to pass with confidence and control in different game situations. They will develop defending and attacking skills through playing different positions in games.	Dance The children will learning how to explore, improvise to create different motifs in a chosen dance style. They will work in small groups to create compositions incorporating expression and sensitivity.	Gym The children will learn to combine partner balances with other movements including basic flight with skills take-offs and landings. The children will learn to perform jumps and shapes fluently on apparatus using a variety of directions, speed and levels.	Net / Wall The children will learn to throw, catch and hit with control and consistency into direct spaces. They will learn about positioning and a variety of shots to use within a game.	Outdoor Activities / Athletics The children will learn to read maps and plans accurately recognizing symbols and features. They will learn to make decision about actions and routes to get a finishing point. They will develop teamwork skills to complete challenges.

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PE Curriculum – Year 1 and 2

	Autumn Term		Spring Term	Summer Term	
Year 1	<p>Games The children will be learning to move around carefully and at different speeds. They will learn to throw, catch and pass beanbags, balls and quoits.</p>	<p>Gym The children will learn to travel in different directions and different make shapes with the body. They will explore different ways to jump, balance and sequence movements.</p>	<p>Dance The children will be responding to different stimuli to create different movements and actions. They will perform and practice movements in a controlled way. They will begin to remember and repeat short dance phases in a group.</p>	<p>Gym The children will continue learn to travel in different directions and different make shapes with the body. They will develop different ways to jump, balance and sequence movements.</p>	<p>Games / Athletics The children will develop under arm throwing with accuracy and co-ordination. The will learn about effective running technique.</p>
Year 2	<p>Games The children will learn about moving fluently and easily, avoiding collisions through a range of games. They will throw, catch, strike and gather. They will begin to understand basic tactics for games.</p>	<p>Gym The children will learn how to perform a range of smooth actions and movements with control and co-ordination, sometimes in a sequence. They will begin to use some floor and matt apparatus in a sequence.</p>	<p>Dance The children will learn to explore ideas, moods and feelings by responding to different stimuli. They learn different demonstrated movements and begin to link movements to create a pattern.</p>	<p>Gym The children will learn more about how to perform a range of smooth actions and movements with control and co-ordination, sometimes in a sequence. They will use floor and matt apparatus in a sequence.</p>	<p>Games / Athletics The children will use accurate and coordinated under arm throwing to range targets. The will choose an effective running technique for different distances. The children will also learn how to jump and land safely.</p>

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PE Curriculum – Year 3 and 4

Year 3	Invasion Games The children will learn how to throw and catch a ball with a partner. They will play different team games to pass and receive a ball.	Dance The children will learn to use their imagination to respond to different stimuli. They will work with partners to create a range of actions with expression and sensitivity.	Gym The children will explore different style of body shapes and create a short sequence. They will learn to travel on low, medium and high levels. They will use different combinations of floor, mat and apparatus with fluency, accuracy and control.	Striking and Fielding The children will learn to throw and catch accurately to a target and a partner. They will work as part of a team in different team ball games. The will learn about the role of a fielder.	Athletics The children will use accurate and coordinated under arm throwing to range targets at different distances. The develop an effective throwing technique for different distances. The children will also learn how to jump and land safely with control.
	Invasion Games The children will learn dribbling and stopping techniques and tactics for keeping possession of a ball. The will develop good team skills and use rules and tactics in different games to score points.	Dance The children will learn to develop characters and narrative to create dance phases from different stimuli. They will experiment with a wide range of actions using speed, tension and continuity both individually and with a partner.	Gym The children will learn to create balances and work with a partner to create floor sequences, which will gradually increase in length. They will learn to perform movements with consistency, fluency and with good body tension.	Net / Wall The children will learn how to control a ball with a racket and maintain a short game within a lined area. They will learn how to direct the ball with accuracy and control.	Swimming Outdoor Activities The children will learning how to orientate themselves on a plan and mark symbols accurately on a map. They will learn to work together and to complete simple orienteering challenges.

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PE Curriculum – Year 5 and 6

<p>Year 5</p>	<p>Invasion Games The children will learning to dribble, pass, receive and shoot a ball with confidence in different games. They will learn how to attack and defend in a small game using appropriate skills and tactics.</p>	<p>Dance The children will learn to improvise using controlled movements and patterns. They will compose dances with increasing sophistication individually, in pairs and in small groups.</p>	<p>Gym The children will learn to combine partner balances with other movements with increasing accuracy, consistency, fluency, tension and clarity. They will learn the difference between symmetrical and asymmetrical shapes and use these in a sequence.</p>	<p>Striking and Fielding The children will learn to throw, catch, bowl and strike a ball accurately and with control. They will work as part of a team to score points. They will develop more effective fielding skills.</p>	<p>Athletics The children will learn to throw different implements safely and effectively into and at targets from different distances. They will learn to run technically, consistently and sustain pace for longer distances. They will continue to develop different jumping techniques. They will also take part in relays and change overs.</p>
<p>Year 6</p>	<p>Invasion Games The children will learning to pass with confidence and control in different game situations. They will develop defending and attacking skills through playing different positions in games.</p>	<p>Dance The children will learning how to explore, improvise to create different motifs in a chosen dance style. They will work in small groups to create compositions incorporating expression and sensitivity.</p>	<p>Gym The children will learn to combine partner balances with other movements including basic flight with skills take-offs and landings. The children will learn to perform jumps and shapes fluently on apparatus using a variety of directions, speed and levels.</p>	<p>Net / Wall The children will learn to throw, catch and hit with control and consistency into direct spaces. They will learn about positioning and a variety of shots to use within a game.</p>	<p>Outdoor Activities / Athletics The children will learn to read maps and plans accurately recognizing symbols and features. They will learn to make decision about actions and routes to get a finishing point. They will develop teamwork skills to complete challenges.</p>