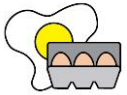
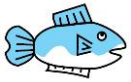
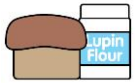
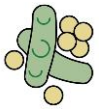
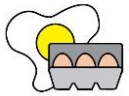
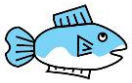
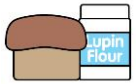
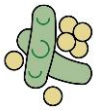
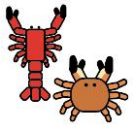
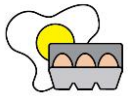
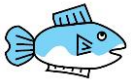
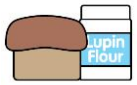
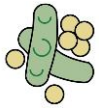
DISHES AND THEIR ALLERGEN CONTENT – St Christopher Primary School - WEEK 2

MAIN DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Burger		CONTAINS											CONTAINS	
Quorn Burger		CONTAINS		CONTAINS			CONTAINS							
Batch		CONTAINS										MAY CONTAIN		
Beef Bolognese														
Quorn Bolognese				CONTAIN										
Roast Chicken														
Quorn Wellington		CONTAIN		CONTAIN			CONTAIN							
Pepperoni Pizza		CONTAINS					CONTAINS							
Cheese & Tomato Pasta		CONTAINS					CONTAINS							
Harry Ramsden Fish Fillet		CONTAINS			CONTAIN									
Mac ‘n’ Cheese		CONTAINS					CONTAINS							

														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
CARBS														
Potato Wedges														
Garlic Bread		CONTAIN					CONTAINS						CONTAIN	
Roast Potatoes														
Sauté Potato														
Chips														
Sliced bread		CONTAINS											CONTAINS	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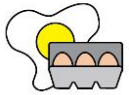
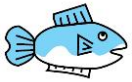
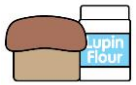
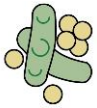
Vegetables & Extras														
Green Beans														
Carrots														
Minted Peas														
Sweetcorn														
Tomatoes														
Mixed Vegetables														
Garden Peas														
Gravy	CONTAINS	CONTAINS											CONTAINS	
Tuna Mayonnaise				CONTAINS	CONTAINS									
Ham														
Cheese							CONTAINS							
Jam														

DISHES														
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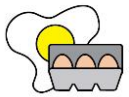
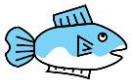
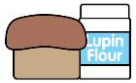
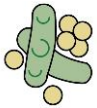
Dessert														
Chocolate Orange Sponge Cake		CONTAINS		CONTAINS										
Flap Jack		CONTAINS												
Fruit Crumble		CONTAINS												
Chocolate Waffles		CONTAINS		CONTAINS										
Custard							CONTAINS							
Mixed Dougnuts		CONTAIN		MAY CONTAIN			MAY CONTAIN					MAY CONTAIN	CONTAIN	
Fresh Fruit Salad														

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Desserts cont…														
Cheese & Crackers		CONTAINS		MAY CONTAIN			CONTAINS						MAY CONTAIN	
Yoghurt							CONTAINS							
St Christophers Pack Lunches														
Ham Sandwich/Wrap		CONTAINS											CONTAINS	
Tuna Sandwich/Wrap		CONTAINS		CONTAINS	CONTAINS								CONTAINS	
Cheese Sandwich/Wrap		CONTAINS					CONTAINS						CONTAINS	
Seabrook Crisps Ready Salted							CONTAINS							
Walkers Assorted Crisps	CONTAINS	CONTAINS					CONTAINS				CONTAINS	CONTAINS		
Pre-packed biscuits		CONTAINS		MAY CONTAIN			CONTAINS					MAY CONTAIN	MAY CONTAIN	
Everyday Ready Salted Crisps														