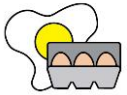
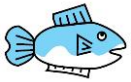
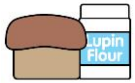
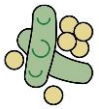
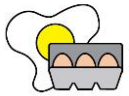
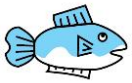
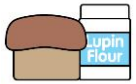
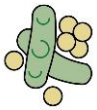
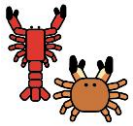
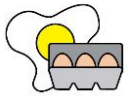
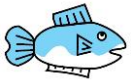
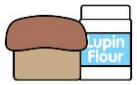
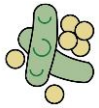
DISHES AND THEIR ALLERGEN CONTENT – St Christopher Primary School - WEEK 1

MAIN DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage		CONTAINS												CONTAINS
Vegan Sausage		CONTAINS												
Batch		CONTAINS										MAY CONTAIN		
Pasta Carbonara		CONTAINS		CONTAINS			CONTAINS						CONTAINS	
Veggie Carbonara		CONTAINS		CONTAIN			CONTAIN						CONTAINS	
Jumbo Yorkshire & Sausage		CONTAINS		CONTAINS			CONTAIN							CONTAIN
Jumbo Yorkshire & Sausage		CONTAIN		CONTAIN			CONTAIN							
Chicken Burger		CONTAINS												
Vegetable ¼ pounder		CONTAINS												
Fish Fingers		CONTAINS			CONTAIN									
Cheese & Tomato Pasta		CONTAINS					CONTAINS							

														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
CARBS														
Potato Waffles														
Garlic Bread		CONTAIN					CONTAINS						CONTAIN	
Mash Potatoes														
Potato Wedges							CONTAINS						CONTAINS	
Chips														
Sliced bread		CONTAINS												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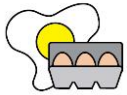
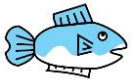
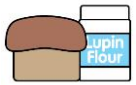
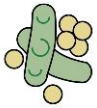
Vegetables & Extras														
Green Beans														
Carrots														
Minted Peas														
Sweetcorn														
Tomatoes														
Mixed Vegetables														
Garden Peas														
Gravy	CONTAINS	CONTAINS											CONTAINS	
Tuna Mayonnaise				CONTAINS	CONTAINS									
Ham														
Cheese							CONTAINS							
Jam														

DISHES														
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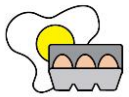
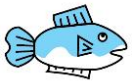
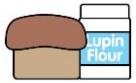
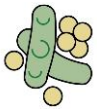
Dessert														
Marble Sponge Cake		CONTAINS		CONTAINS										
Chocolate Chip Cookies		CONTAINS					CONTAINS							
Apple Crumble		CONTAINS												
Pink Iced Coconut Sponge		CONTAINS		CONTAINS										
Custard							CONTAINS							
Mixed Dougnuts		CONTAIN		MAY CONTAIN			MAY CONTAIN					MAY CONTAIN	CONTAIN	
Fresh Fruit														

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Desserts cont…														
Cheese & Crackers		CONTAINS		MAY CONTAIN			CONTAINS						MAY CONTAIN	
Yoghurt							CONTAINS							
St Christophers Pack Lunches														
Ham Sandwich/Wrap		CONTAINS											CONTAINS	
Tuna Sandwich/Wrap		CONTAINS		CONTAINS	CONTAINS								CONTAINS	
Cheese Sandwich/Wrap		CONTAINS					CONTAINS						CONTAINS	
Seabrook Crisps Ready Salted							CONTAINS							
Walkers Assorted Crisps	CONTAINS	CONTAINS					CONTAINS				CONTAINS	CONTAINS		
Pre-packed biscuits		CONTAINS		MAY CONTAIN			CONTAINS					MAY CONTAIN	MAY CONTAIN	
Everyday Ready Salted Crisps														