

Breakfast

Breakfast is available for the children every morning from 7.30am – 8.45am, all children are asked if they would like breakfast. We encourage the children to be independent when in the snack room, they help themselves to cold items for breakfast, pour themselves a drink, butter their own toast and clear their plate and put it in the dishwasher.

Children have the following options for breakfast:

Cereal

- Multigrain hoops
- Cornflakes
- Bran Flakes
- Weetabix
- Rice krispies
- Porridge
- Shreddies

Hot items with sunflower spread, jam, lemon curd or marmite

- Brown or white toast
- Crumpets
- Breakfast muffins
- Fruit loaf

Yogurts

Fresh/tinned fruit

Drinks

- Water
- Fruit juice
- Milk