



Sex and relationship education.

Dear Parents/Carers,

As you are aware, we at St Christopher deliver PSHE provision using the Jigsaw scheme. More information about this scheme can be found on the school website. The scheme has proved to be popular with children and staff across the school, with pupils being able to explore issues that might affect them as they grow in to adults.

The final puzzle piece of the year is called Changing Me and will be teaching the children, at age appropriate stages, about their bodies, changes and sex and relationships.

The 'Changing Me' unit is taught over a period of 6 weeks in the second half of the summer term. Each year group will be taught appropriate to their age and development stage. Please note: at no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home, and the question will not be answered to the child or class if it is outside the remit of that year group's programme.

What will the children be taught?

Foundation (Nursery and Reception)

Growing up: how we have changed since we were babies.

Year 1

Boys' and girls' bodies; body parts.

Year 2 and Year 3

Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).

Year 4

How babies grow and how boys' and girls' bodies change as they grow older.

Year 5

Internal and external reproductive body parts, body changes in girls and menstruation.

Year 6

Puberty for boys and girls.

All lessons are taught using simple, child-friendly language. The language is factually correct and pictures are used which help children understand changes more effectively.

Included with this letter are two other documents. One document is a guide for you as a Parent or Carer to Sex and Relationships Education. The other, is a document that lists the topics discussed and the language used. We believe that it is important that you know the language that will be used so that you can prepare your child for the lessons if you wish or be prepared for the things they may talk about after the lessons.

The 1996 Education Act states that as a Parent or Carer you have the right to withdraw your child from 'Changing Me' - Sex and Relationships Education.

Myself and Miss Penn will make ourselves available on Monday 23rd April between 3.30-4.30pm to discuss anything that you would like to in relation to the Changing me lessons. Please drop into school via the main entrance or call us between these times.

If after reading the information and speaking to us in the drop in session you wish to withdraw your child from this aspect of Education then please write to me by Monday 30th April.

I hope you find the information useful.

Yours Sincerely,

Mrs Harrison
Curriculum Leader